**COVID-19 EXPOSURE GUIDELINES** Updated 4/1/2020

- **Employee wears Full PPE OR**
- **No close contact with suspected or known COVID patient**

**Minimal Risk Exposure**
- Work as assigned

**Low Risk Exposure**
- Decontaminate clothing and boots
- Contact Company Officer and EMS Supervisor
- Work as assigned
- 14 days of self-monitoring for symptoms and fever

**Household Member is Sick**
- Symptoms of COVID-19: Cough, Shortness of Breath, Fever ≥ 100.0°F, Body Aches, Diarrhea, Headache, Sore Throat, Sneezing, Loss Smell/Taste
- **Contact Company Officer and EMS Supervisor**
- If able, obtain COVID-19 test for sick household member
  - Surgical mask should be placed on sick household member
  - Employee must isolate in home and self-monitor for symptoms and fever and wear a mask at home/work during contact’s symptomatic period and for 14 days after the end of the household member’s symptomatic period.
  - If household member tests POSITIVE: If either employee or COVID-19 positive contact was not wearing a mask for 48 hours prior to or during symptomatic period of close contact, refer to “Close Contact with Suspected or Known COVID”

**Employee is Sick**
- Symptoms of COVID-19: Cough, Shortness of Breath, Fever ≥ 100.0°F, Body Aches, Diarrhea, Headache, Sore Throat, Sneezing, Loss Smell/Taste
- **Contact Company Officer and EMS Supervisor**
- If ANY one symptom of COVID 19
  - Contact your PCP
  - Contact Company Officer and EMS Supervisor
- **DO NOT COME TO WORK**
- COVID-19 test, if available If positive, guidance will be taken from PCP, Occ. Health, or Public Health
- Wear mask around close contacts and isolate
- Employee returns to work only if: 7 days since onset of symptoms **AND** improving symptoms **AND** NO fever for 72 hours without antipyretics
- **DO NOT COME TO WORK**
- Close Contact with Suspected or Known COVID Patient
- **AND**
  - Employee not wearing any PPE
  - Employee was wearing some PPE but not a mask
  - Patient was not wearing a mask and employee had mask but no eye protection
- **DO NOT COME TO WORK**
- High Risk period starts 24 hours after contact.
- Decontaminate clothing and boots
- Contact Company Officer and EMS Supervisor
- **DO NOT COME TO WORK**
- Unable to get test

**Active Self-Monitoring and Quarantine**
- TEST RESULT of Exposure Source
  - **Work as assigned**
  - 7 days since onset of symptoms **AND** improving symptoms **AND** NO fever for 72 hours without antipyretics
  - High Risk period starts 24 hours after contact.
  - Decontaminate clothing and boots
  - Contact Company Officer and EMS Supervisor

**Full PPE**: 1. **Eye protection** (goggles or face shield) 2. **Gown** 3. **Gloves** 4. **Mask**: (N-95 or higher respirator optimal and required for aerosol generating procedures. Surgical mask if N95 not available)

**Close contact** for healthcare exposures is defined as follows (CDC):
1. Being within approximately 6 feet (2 meters), of a person known or suspected COVID-19 for longer than 5 minutes.
   **OR**
2. Having unprotected direct contact with infectious secretions or excretions of the patient.