COVID-19 EXPOSURE GUIDELINES Updated 4/1/2020



- Employee wears
 Full PPE <u>OR</u>
- No close contact with suspected or known COVID patient

Minimal Risk Exposure

Work as assigned

 Employee wearing only mask and eye protection with close contact of suspected or known COVID patient <u>OR</u> Employee and patient wearing masks only

- Employee travel
- Close contact is now sick, but was asymptomatic at the time of exposure (within 48 hours of contact)

Low Risk Exposure

- Decontaminate clothing and boots
- Contact Company Officer and EMS Supervisor
- Work as assigned.
- 14 days of self- monitoring for symptoms and fever

Household Member is Sick

Symptoms of COVID-19:

Cough, Shortness of Breath, Fever ≥ 100.0°F, Body Aches, Diarrhea, Headache, Sore Throat, Sneezing, Loss Smell/Taste

Contact Company Officer and EMS Supervisor

If able, obtain COVID-19 test for sick household member

- Surgical mask should be placed on sick household member
- Employee must isolate in home and self-monitor for symptoms and fever and wear a mask at home/work during contact's symptomatic period and for 14 days after the end of the household member's symptomatic period.
- If household member tests
 POSITIVE: If either employee or COVID-19 positive contact was not wearing a mask for 48 hours prior to or during symptomatic period of close contact, refer to "Close Contact with

 Suspected or Known COVID"

If ANY one symptom of COVID 19 - DO NOT COME TO WORK Contact your Company Officer and EMS Supervisor

Refer to "Employee is Sick"

Close contact for healthcare exposures is defined as follows (CDC):

1. Being within approximately 6 feet (2 meters), of a person known or suspected COVID-19 for longer than 5 minutes.

OR

2. Having unprotected direct contact with infectious secretions or excretions of the patient.

Employee is Sick

Symptoms of COVID-19:

Cough, Shortness of Breath, Fever ≥ 100.0°F, Body Aches, Diarrhea, Headache, Sore Throat, Sneezing, Loss Smell/Taste

If ANY one symptom of COVID 19

- Contact your PCP
- Contact Company Officer and EMS Supervisor

DO NOT COME TO WORK

- COVID-19 test, if available If positive, guidance will be taken from PCP, Occ. Health, or Public Health
- Wear mask around close contacts and isolate

Employee returns to work only if:

7 days since onset of symptoms **AND** improving symptoms **AND** NO fever for 72 hours without antipyretics

Close Contact with Suspected or Known COVID Patient

AND

- Employee not wearing any PPE
- Employee was wearing some PPE but not a mask
- Patient was not wearing a mask and employee had mask but no eye protection

Medium/High Risk Exposure

- High Risk period starts 24 hours after contact.
- Decontaminate clothing and boots
- Contact Company Officer and EMS Supervisor

DO NOT COME TO WORK

Active Self-Monitoring and
Quarantine
TEST RESULT of Exposure Source

Unable to get test

+



- Wear mask around close contacts
- If ANY symptom develops, refer to "Employee is Sick"
- Employee may return to work if NO symptoms in the 14 day Quarantine
- If there is a work force shortage and employee has no symptoms, may consider return to work with mask and continued 14 day self-monitoring

Full PPE: 1. Eye protection (goggles or face shield) 2. Gown 3. Gloves

4. Mask: (N-95 or higher respirator optimal and required for aerosol generating procedures. Surgical mask if N95 not available)